



HOT TOPICS

Anniversary Edition



“HOT TOPICS” Celebrates Its One Year Anniversary! See story from Editor on page 2; also **DELRAY BEACH FIRE FIGHTERS Strive To Get Fitter. Read all about it on page 2.**

Community Education News

By Lieutenant Hal Knabb

Safe Kids Are No Accident

According to The National Safe Kids Coalition the leading cause of death among children 14 and under in the United States is unintentional injury. The latest annual figures reported show 5,834 children under the age of 14 died from unintentional injuries. In addition, each year nearly 120,000 children are permanently disabled. One out of every 4 children or more than 14 million children ages 14 and under, sustains injuries that are serious enough to require medical attention each year.

In general children are primarily at risk of unintentional injury-related death from: motor vehicle injuries, which include children as occupants, pedestrians, and bicyclist; drowning; fires and burns; suffocation; choking; unintentional firearm injuries; falls; and poisoning. Injury rates vary with a child’s age, gender, race, and socioeconomic status. Younger children, males and poor children suffer disproportionately.

In order to address these concerns related to children’s safety, the Delray Beach Fire Rescue Department along with Palm Beach County Fire Rescue Department are joining together with other community partners to provide an injury prevention program in elementary and middle schools throughout Palm Beach County. The program called “*Risk Watch*” was developed by the non-profit National Fire Protection Administration (NFPA) with co-funding from Lowe’s Home Safety Council. “*Rick Watch*” is a comprehensive program designed to give children in preschool through grade eight the information and support they need to make positive choices about their personal safety and well-being. The program targets each of the primary risk areas.



A train the trainer program for “*Risk Watch*” will be offered this summer at Fire Department Headquarters. Our goal is to implement this program in the fall. Anyone who is interested in presenting this program in our local schools please contact me at 561-243-7422 for a training manual. You may visit the “*Risk Watch*” website at www.riskwatch.org

EMS News

By Division Chief Robert Moreland

Greetings everyone! We have a lot going on in the EMS Division

- June 3rd, Engine 4 became ALS capable with an additional position added to the staffing.
- We are in the process of completing the In-service training with the Zoll Monitor Defibrillators two of which we will soon have in service.
- We are updating the controlled medication SOP to address some recent issues with breakage and documentation.
- Four new FF/Paramedics will be on shift by the time you receive this newsletter.
- We have applied for a grant with the Quantum Foundation so that we can participate in the Flu-Shot Task Force which will incorporate Fire Rescue agencies county wide to assist in getting the vaccines out in a timely manner to high risk Senior Citizens.

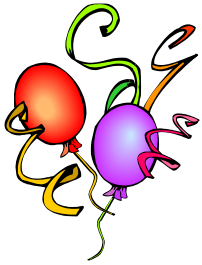


Last month the case history involved an ECG indicative of Wolff Parkinson White syndrome. WPW occurs in approximately 3 out of every 1000 persons. The key ECG points to WPW are a shorter than normal PR interval, generally shorter than 0.12 seconds and often, the presence of a Delta Wave. The Delta Wave is a sloped or slurred of the R wave or upstroke of the QRS complex. In WPW, there is an extra conduction pathway called “The Bundle of Kent” present between the atria and ventricles which effectively bypasses the AV node resulting in the shortened PR interval and wide QRS complex. These patients are at high risk for tachydysrhythmias, occasionally rapid Atrial fibrillation is seen. In the patient with uncontrolled A-fib, Adenosine should not be used, as it may cause a paradoxical increase in ventricular rates resulting in VT or VF.

If the patient is **unstable**, Synchronized cardioversion is the treatment of choice. In patients with WPW who are stable with very fast tachycardias, treatment should be guided through Medical control. Thorough history taking and careful evaluation of the ECG should help to identify patients with WPW.

All for now, keep up the excellent work!

HOT TOPICS ANNIVERSARY



Congratulations, *Hot Topics* has reached its one year anniversary! That's reason to celebrate, especially for all of those who may have had their doubts about the success of the Dept. newsletter.

Inspired by *Fire Chief Kerry Koen*, on June 15, 2001 our premiere edition of the D.B.F.R. Newsletter came to your home with a contest to select a name for the newsletter. I wonder who can tell me the name of the person that won this distinguished honor and gave our monthly newsletter, "HOT TOPICS", its name? The first person to call me (other than the person who named the newsletter)

at (561) 243-7415 will be given a \$25 gift certificate to the restaurant of their choice.

There were times when I did not think that I would have enough information to fill the pages, and then there were times when I had too much information and had to adjust the pages to accommodate it all. As we move into our second year, my thoughts turn back to those who have made our progress possible. Thank you for all of your contributions, via e-mail, photos, articles, recipes, family news, retirements, award programs, new recruits, etc.; all have played a role in making the newsletter what it is today. Your contributions, support and encouragement have made bringing it all together, so easy.

I wish to express my appreciation to *Chief Koen, Ellen Wickert* and *Tammy Wheatley* for choosing me to complete such a task. Thank you for your continued support of my

efforts. In addition to my other job duties, I find this one to be the most rewarding.

May the past memories be a prelude to future memories. As we continue to build upon the foundation that has been established and the spirit of teamwork, we hope for continued success and constructive feedback that will enable us to make HOT TOPICS better and better with each passing issue.

I could not have done it without YOU!

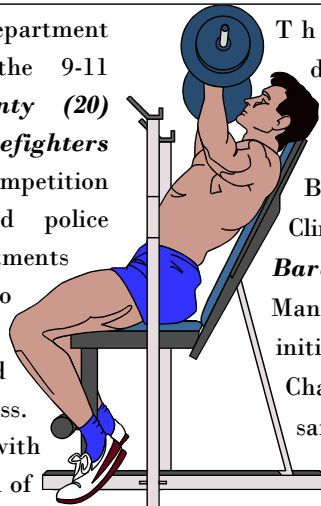


Cecelia L. Shade
Staff Asst. II

Delray Beach Firefighters Strive To Get Fitter

By Lt. Michael Wise

The Delray Beach Fire Department recently participated in the 9-11 Fitness Challenge. **Twenty (20) Delray Beach Firefighters** participated in a Fitness Competition challenging firefighters and police officers from departments throughout the entire state to improve their level of fitness by reducing their body fat and increasing their muscle mass. The 12-week event started with an assessment and calculation of body fat percentage. The goal was to reduce body fat by eating healthier and reducing caloric intake. No starvation or unhealthy weight reduction was allowed. Any evidence of a loss of your calculated muscle mass from your original assessment disqualified the participant.



The enthusiasm demonstrated by those that participated encouraged the Delray Beach Fire Department Clinic Physician Assistant **Barbara Garcia** and Clinic Manager **Linda Wolff** to initiate an In-House Fitness Challenge. Following the same guidelines as the 9-11 Fitness Challenge, Fire Chief Koen **offered to provide the participant that lost the most body fat and increased their muscle mass a 24-Hour Shift Off.** Additionally he proposed the winner get **a night at the Delray Beach Marriott as incentive to succeed.**

Thirteen firefighters participated, many of whom were already in the 9-11 Fitness Challenge. In twelve weeks the participants lost a total of 117 pounds of body fat. **The Winner-Paramedic Todd Lynch.** Todd lost a total of 14 and a half pounds of body fat. He reduced his percentage of body fat from 12.9% to an impressive 7.3%. The dramatic results are most impressive after seeing the before and after photos of the participants in the Clinic.

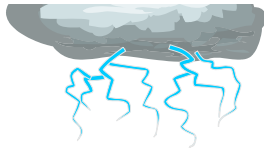
The Competition was so successful that **Barbara and Linda** have agreed to sacrifice their time again to conduct another Fitness Challenge in June or July. Thanks to both Barbara and Linda for all their hard work and to the Department for supporting and promoting firefighter health and wellness.

EMERGENCY MANAGEMENT NEWS

By John Tomaszewski, Assistant Chief

Lightning – The Underrated Killer

In the United States, there are an estimated 25 million cloud-to-ground lightning



flashes each year. While lightning can be fascinating to watch, it is also extremely dangerous. During the past 30 years, lightning killed an average of 73 people per year in the United States based on documented cases. This is more than the average of 68 deaths per year caused by tornadoes and the average of 16 deaths per year caused by hurricanes. However, because lightning usually claims only one or two victims at a time, and because lightning does not cause the mass destruction left in the wake of tornadoes or hurricanes, lightning generally receives much less attention than the more destructive weather-related killers. While documented lightning injuries in the United States average about 300 per year, undocumented injuries caused by lightning are likely much higher.

Few people really understand the dangers of lightning. Many people don't act to protect their lives, property and the lives of others promptly because they don't understand all the dangers associated with thunderstorms and lightning. The first step in solving this problem is to educate people so that they become aware of the behavior that puts them at risk of being struck by lightning, and to let them know what they can do to reduce that risk. Coaches and other adults who make decisions affecting the safety of children must understand the dangers of lightning.

Thunderstorms are most likely to develop on warm summer days and go through various stages of growth, development and dissipation. On a sunny day, as the sun heats the air, pockets of warmer air start to rise in the atmosphere. When this air reaches a certain level in the atmosphere, cumulus clouds start to form. Continued heating can cause these clouds to grow vertically upward in the atmosphere into "towering cumulus" clouds. These towering cumulus may be one of the first indications of a developing thunderstorm.

During a thunderstorm, each flash of cloud-to-ground lightning is a potential killer. The determining factor on whether a particular flash could be deadly depends on

whether a person is in the path of the lightning discharge. In addition to the visible flash that travels through the air, the current associated with the lightning discharge travels along the ground. Although some victims are struck directly by the main lightning stroke, many victims are struck as the current moves in and along the ground. While virtually all people take some protective actions during the most dangerous part of thunderstorms, many leave themselves vulnerable to being struck by lightning as thunderstorms approach, depart, or are nearby.

Station No. 5 was struck by lightning — June 8th at 2000 hours — No Major Damage.

Lightning can strike as much as 10 miles away from the rain area in a thunderstorm; that's about the distance that you are able to hear the thunder from the storm. In some instances when a storm is 10 miles away, it may even be difficult to tell that a storm is nearby. However, **IF YOU CAN HEAR THE THUNDER FROM A STORM, CHANCES ARE THAT YOU ARE WITHIN STRIKING DISTANCE OF THAT STORM.** Also, remember that each thunderstorm has a first stroke of lightning, which is just as deadly as any other stroke. If the sky looks threatening, take shelter before hearing thunder.

The greatest number of lightning deaths and injuries in the United States occurs during the summer months when the combination of lightning and outdoor summertime activities reaches a peak. During the summer, people take advantage of the warm weather to enjoy a multitude of outdoor recreational activities. Unfortunately, those outdoor recreational activities can put them at greater risk of being struck by lightning. Those involved in activities such as

boating, swimming, fishing, bicycling, golfing, jogging, walking, hiking, camping, or working out of doors all need to take the appropriate actions in a timely manner when thunderstorms approach. Where organized sports activities are taking place, coaches, umpires, referees, or camp counselors must protect the safety of the participants by stopping the activities sooner, so that the participants and spectators can get to a safe place before the lightning threat becomes significant. To reduce the threat of death or injury, those in charge of organized outdoor activities should develop and follow to a plan to keep participants and spectators safe from lightning.

Inside homes, people must also avoid activities, which put their lives at risk from a possible lightning strike. As with the outdoor activities, these activities should be avoided before, during, and after storms. In particular, people should stay away from windows and doors and avoid contact with anything that conducts electricity. People may also want to take certain actions well before the storm to protect property within their homes, such as electronic equipment.

In the unfortunate event that a person is struck by lightning, medical care may be needed immediately to save the person's life. Cardiac arrest and irregularities, burns, and nerve damage are common in cases where people are struck by lightning. However, with proper treatment, including CPR if necessary, most victims survive a lightning strike, although the long-term effects on their lives and the lives of family members can be devastating.

Lightning is a dangerous threat to people in the United States, particularly those outside in the summer. With common sense, we can greatly reduce the number of lightning deaths. When thunderstorms threaten, get to a safe place, stay there longer than you think you need to, stay away from windows and doors and avoid contact with anything that conducts electricity. Have a safe and enjoyable summer!

Fire Safety News

By Assistant Chief William Adams

FAST FIRE FACTS: In the year 2000,

- ✓ “Fires in the United States killed an estimated 4,045 civilians, or 13.3% more than in 1999.”
- ✓ “22,350 civilians were injured, an increase of 2.2% over 1999.”
- ✓ “Fire Departments responded to 1,708,000 fires, or 6.3% fewer than in 1999.” Source: NFPA Journal, Sept./Oct. 2001

Last month I mentioned several safety tips and regulations for using LP gas grills. A recent fire that caused \$4.5 million in damages to a house in Pennsylvania brings to mind one more. Never leave an ignited grill unattended!

The owner of the house left the grill on to burn off the remaining grease and food. Heat from the grill ignited wood siding, and the fire spread to the second floor and attic. Smoke detectors alerted the residents. One firefighter was injured during the fire.

It is recommended that grills be used at least 10 feet away from combustible patios and structures.

I want to thank **Eng. Laura Deckers** and **Act. Lt. Ilene Rose** for showing five visitors from Japan our equipment and apparatus earlier this month. The group was here as part of a Rotary Foundation Group Study Exchange. Their one-month tour started in Titusville and concluded with a week in our area.

The GSE program enables adults in various vocations to study and learn about their interests in other countries. Normally the group is made up of five members who are not Rotarians, or four who are not with a team leader who is. Throughout their tour they stay in various homes of Rotary Club members who volunteer to serve as hosts.

This particular group was lead by **Sakio Hamikawa** who is the Principal of an English speaking school in Hagoshima. Although he is a Rotarian, the other members were not. **Yuji Baba** is a TV news commentator. **Mayumi Inoue** is a TV director/writer. **Tomoko Fujita** is a career counselor. **Sachiko Ikemuzo** is a school teacher.

My wife, **Charlotte**, and I had the pleasure of serving as hosts for one of the members of the group. It was an exhilarating week and we enjoyed showing them around Delray. What did they find most surprising about Florida? They mentioned several things: How big the houses are! How much land there is! How friendly the people are!

Admin./Support Services News

By Ellen P. Wickert, Admin. Officer

Congratulations to **Jim Sampson** on his daughter's graduation from the EMT program at Palm Beach Community College.

Collyn Katri and Ellen Wickert conducted an EMS billing transportation refresher class. Everyone participated in discussions regarding the process. Thank you all for your cooperation.

A big THANK YOU, from **Ellen Wickert and Tammy Wheatley** to everyone who contributed to the St. Jude Children's Research Hospital "Captured for Kids" event which took place on May 14, 2002 at Ed Morse Cadillac. This program treats children with cancer without regard to race, religion, creed or ability to pay.

Administration News

By Brad Fitzer, Division Chief

We have begun environmental testing at **Station #5** to perform microbial assay tests. These tests will identify the presence of mold, mildew, and allergens. The testing company will check allergen levels outside the building and compare them to the inside using a laser particle counter. Other tests include tape slide and culture dish samplings for mold and mildew on surfaces and inside the walls and HVAC system. The testing will take approximately 1-2 days to complete and the final report is expected in 4-6 weeks to allow sufficient time for the cultures to grow and be analyzed. Once we receive the report we will schedule any remediation suggestions provided. Our goal for the future is to continue to test all of our Stations to ensure proper air quality.

The painting of Headquarters is behind schedule. We are still fixing some water and termite damage to the exterior of the building. The project is anticipated to begin toward the end of the month.

If you have any questions, please contact me.

From the Chief's Desk

It was a wonderful vacation as we sailed from Ft. Lauderdale to San Francisco through the **Panama Canal**...two weeks at sea with only a few port calls along the route was a great, relaxing experience. One of the most fascinating parts of the trip was the canal transit itself. It is remarkable to realize that this waterway has served almost 1 million ships since it opened in 1914 and much of the equipment used to operate the canal is part of the original construction. *I wonder if we could do as well today?*



The most emotional part of the trip was coming through the Golden Gate at 5 A.M. and realizing we were “home”, and there to greet us was the U.S. Coast Guard and a **San Francisco Fire Department fireboat**. No one failed to notice that we were back in the greatest Nation on earth where freedoms matter and our prosperity is often taken too much for granted.



Speaking of vacations and other happy things....**Batt. Chief Richard Murphy** enjoyed a recent skiing trip with **Retired Lieutenant Morley** somewhere in the western mountains. The **Richard Ackerman's** did a Key West trip as part of their 25th anniversary. The **John Decker's** 10th anniversary was recently a Departmental event with red roses arriving at Station No. 1 for the member of the family on duty that day.



CPR Day at Florida Atlantic University was a huge success again this year with 1,076 citizens being trained in this critical life saving skill. Many Delray Fire-Rescue folks were involved and our presence and participation made a difference. A special thank you goes to **Div. Chief Rob Moreland** and **Mr. Dan Burns** who served as our “community chairman” this year. Great job by all, and next year's events are already in the planning phases.

Our sympathy to **Bill Briard** on the loss of his Grandmother recently. Our collective thoughts are with you and your family.

We are especially happy to welcome four new Fire



Javier Rivero & Travis Klemann

Daniel Waldrep & Joseph Falcone

Fighter/Paramedics to the Department. **Joseph Falcone, Travis Klemann, Javier Rivero, and Daniel Waldrep** (see photos above) joined us on May 20th and completed their orientation on May 31st. Shift assignments have been made for these new staffers and please make sure to give them a big Delray Beach welcome.

Congratulations are also in order for **Lt. Mark Reynolds** who will be moving to shift duties soon to fill a vacant position. He will be temporarily replaced by **Lt. Wayne Yoder**, who is with us at Headquarters while on light duty. Thanks Mark for all you have done to further develop our Special Operations function, and we know you will still be part of that work in the months ahead.

As the warmer weather approaches, keep in mind the need to take in **plenty of fluids throughout the day**...not just at “rehab time.” If you have any questions on this issue, contact **Lt. Mike Wise** or the **Clinic staff**.



The annual **Hot Air Balloon** race did not take place as planned, but the Pancake breakfast was “up and running” even in the face of this difficulty. Lots of Fire Fighters and their families were out on the grilles making those “**world famous**” cakes and sausage. This year the “award of merit” may go to **Tim Garito** for consistency and his ability to get the most pancakes on a single grille. Thanks to **Bill Rego and family** for getting everything organized and arranged for us to work with.

If you want to see a great photo exhibition which portrays the aftermath of 9/11, stop by Old School Square—June 20-22 and take a look at 150 photographs of this national tragedy. The exhibit is titled “**The Day the World Changed**” is free to the public, but donations of new children's books will be accepted. These books will be sent to the **Uniformed Firefighter's Widows and Children's Fund in New York City** and a memorial book will be at the exhibit to sign. The book will then be sent to the New York City Fire Museum.

Driver-Engineer Pete Schofield retired on May 24th following 25 years with Delray Beach Fire-Rescue.

Operations News

By Acting Asst. Chief Charles Stravino

Welcome aboard to four new employees: Joseph Falcone, Travis Klemann, Javier Rivero and Daniel Waldrep who began their employment with Delray Beach Fire-Rescue on May 20, 2002. After an intensive two week orientation, they began their assignments on shift.

On May 22nd, a Lieutenants exam was administered and 8 candidates successfully completed the process. As we go to print the scores are being tabulated to establish the rank order eligibility list. Much hard work, studying and preparing for this highly responsible position in our organization for these new future supervisors. Congratulations to all who completed this testing process.

Lastly, the Training Division came through again for us, taking advantage of properties slated for demolition. June 5th, 6th, and 7th was spent conducting live burns with each shift focusing on fire attack, and search and rescue techniques. All shifts performed well and adapted again to the circumstances, quickly taking advantage of the training opportunities. We are very unique in having these opportunities in Delray Beach and clearly have become better prepared operationally as a result of this.

What Goes Around...Comes Around

🌹 He almost didn't see the old lady, stranded on the side of the road. But even in the dim light of day, he could see she needed help. So he pulled up in front of her Mercedes and got out.

🌹 His Pontiac was still sputtering when he approached her. Even with the smile on his face, she was worried. No one had stopped to help for the last hour or so. Was he going to hurt her? He didn't look safe, he looked poor and hungry.

🌹 He could see that she was frightened, standing out there in the cold. He knew how she felt. It was that chill which only fear can put in you. He said, "I'm here to help you ma'am. Why don't you wait in the car where it's warm? By the way, my name is Bryan."

🌹 Well, all she had was a flat tire, but for an old lady, that was bad enough. Bryan crawled under the car looking for a place to put the jack, skinning his knuckles a time or two. Soon he was able to change the tire. But he had to get dirty and his hand hurt.

🌹 As he was tightening up the lug nuts, she rolled down the window and began to talk to him. She told him that she was from St. Louis and was only just passing through. She couldn't thank him enough for coming to her aid.

🌹 Bryan smiled as he closed her trunk. She asked him how much she owed him. Any amount would have been all right with her. She already imagined all the awful things that could have happened had he not stopped. Bryan never

thought twice about the money. This was not a job to him. This was helping someone in need, and God knows there were plenty who had given him a hand in the past. He had lived his whole life that way, and it never occurred to him to act any other way. He told her that if she really wanted to pay him back, the next time she saw someone who needed help, she could give that person the assistance they needed, and Bryan added, "...and think of me". He waited until she started her car and drove off.

🌹 It had been a cold and depressing day, but he felt good as he headed for home, disappearing into the twilight.

🌹 A few miles down the road the lady saw a small café. She went in to take the chill off before she made the last leg of her trip home. It was a dingy looking restaurant. The whole scene was unfamiliar to her. The cash register was like the telephone of an out-of-work actor; it didn't ring much.

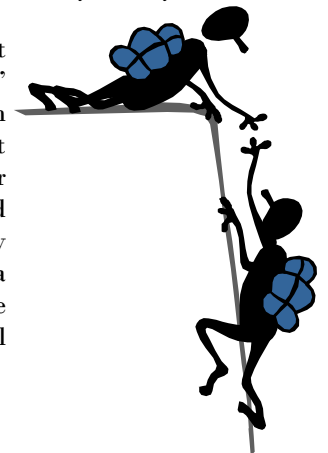
🌹 Her waitress came over and brought a clean towel to wipe her wet hair. She had a sweet smile, one that even being on her feet for the whole day couldn't erase. The lady noticed the waitress was nearly eight months pregnant, but she never let the strain and aches change her attitude.

🌹 The old lady wondered how someone who had so little could be so giving to a stranger. Then she remembered Bryan. After the lady finished her meal, and the waitress went to get change for her hundred dollar bill, the lady slipped right out the door. She was gone by the time the waitress came back. The waitress wondered where the lady could be, then she noticed something written on the napkin under which was four \$100 bills.

🌹 There were tears in her eyes when she read what the lady wrote: "You don't owe me anything, I have been there too. Somebody once helped me out, the way I'm helping you. If you really want to pay me back, here is what you do: Do not let this chain of love end with you".

🌹 That night when the waitress got home from work and climbed into bed, she was thinking about the money and what the lady had written. How could the lady have known how much she and her husband needed it? With the baby due next month, it was going to be hard. She knew how worried her husband was, and as he lay sleeping next to her, she gave him a soft kiss and whispered soft and low, "Everything's gonna be all right; I love you, Bryan."

🌹 There is an old saying, "What goes around comes around." Today, I send you this story with the hope you'll pass it on...Let this light shine. Throw your dreams into space like a kite, and you do not know what they might bring back: a new life, a new friend, a new love. Be blessed and have a wonderful day!!!



RECIPE OF THE MONTH**Smokey Sausage & Ham Jambalaya****INGREDIENTS:**

- 4 Cups uncooked, long grain white rice
- 1 ea. Medium Red, Green & Yellow bell pepper, seeded—
1/2 inch diced
- 2 Ribs Celery—sliced on bias—1/4 inch thick
- 1 Large yellow onion—1/2 inch diced
- 2 Bunches scallions—1/4 in sliced—on bias
- 1 Lb. smoked ham—1/2 inch diced
- 1 Lb. Kabassa or similar smoked sausage—1/2 inch
diced
- 5 Cups chicken stock or low sodium canned broth
- 2 Bay leaves
- 1 28 oz. can diced tomatoes—well drained
- 4 Tbls. Tomato paste
- 1/2 Cup diced green chilies, drained
- 1 Tbls. Kosher salt
- 1 Tbls. Wright's Hickory Seasoning Liquid Smoke
- 1 Tbls. Worcestershire Sauce
- 1/4 Tsp. fresh ground black pepper
- 1/4 Tsp. cayenne pepper
- 1/4 Tsp. Tabasco sauce
- 1 Tbls. Sugar
- 1/2 Cup olive oil (or canola if you prefer) - divided into
1/3rds.

METHOD OF PREPARATION:

Saute' the smoked sausage and ham in 1/3 of the olive oil until well browned. Drain any liquid that remains and reserve the meat. Preheat oven to 350F. Heat the chicken stock or broth in a saucepan, add the hickory liquid smoke and Worcestershire, and reserve. Using a large braising pan or heavy Dutch oven on top of the stove, sauté' the onion and celery in 1/3 of the olive oil until onions are translucent. Add the peppers and the diced chilies and sauté an additional 2 minutes until the raw peppers begin to soften. Add the rice and the remaining oil. Stir well and make sure that the oil coats all of the rice. Saute' 1-2 additional minutes.

Add the sausage and ham, the diced tomatoes, the tomato paste, the bay leaves, the salt and pepper, sugar and tobasco. Then add the heated chicken stock. Stir and distribute all ingredients throughout the mixture. Cover and place in pre-heated oven for 30-35 minutes. Check at 30 minutes to determine how much liquid must still be absorbed. When the liquid is absorbed and the rice is tender, remove to top of stove and let steam for 30 minutes. Then, just before serving, fluff with a fork or large spoon and serve. Remove the bay leaves before service.

Total Yield: Approximately 15 (8 oz) Servings

A FIRST!

Date: June 5, 2002

To: Fire Chief Koen

From: Phil & Elaine Wotton
707 SE 4th Avenue
Delray Beach, FL 33483
279-8576

Subject: Rescue Call

We would like to take this opportunity to thank the staff that responded to my house on the evening of June 4th, 2002. My wife (Elaine) woke me up approximately around 11:00 pm to our 2-year-old son (Douglas) experiencing a seizure. Upon my initial assessment he had already seized and was in the recovery period appearing just to be tired.

As I checked his airway my wife called 911. The dispatcher was very courteous and did an excellent job in calming my wife down while getting the pertinent information.

When the rescue units arrived on the scene I was waiting on the street w/Douglas. Their immediate treatment and care was very reassuring. It is comforting to know that the EMS system in the City of Delray Beach has outstanding employees doing such a fine job.

Once again we can't thank you enough!

Phil Wotton used the internet on June 5th, 2002 to send a commendation to the Department for our response to a family medical emergency. Technology is a great thing, and the Internet can be a very quick and effective tool for the public...and us. A copy of this note has been forwarded to *Lieutenant Joseph Liguori, Driver/Engineer Jed Dalton, Paramedic Michelle Murphy and Paramedic Kathy Hoecherl* who made the call, as well as to Dispatch.

Departmental Anniversaries

John Hansen	June 10	21 yrs.
James DeCarie	June 16	21 yrs.
William Adams	June 23	21 yrs.
David Kobrin	June 23	21 yrs.
Pamela Garcia	June 01	19 yrs.
Joseph Liguori, Jr.	June 25	18 yrs.
Benjamin H. Knabb	June 26	18 yrs.
Dale Fagan	June 20	15 yrs.
Charles Lawson	June 14	3 yrs.
Walter Hirst	June 14	3 yrs.
Todd Lynch	June 14	3 yrs.
Eric Patrie	June 14	3 yrs.
John Connolly	June 14	3 yrs.
Jeffrey Harkcom	June 12	2 yrs.
Darren Gurley	June 12	2 yrs.
Christopher Hutchinson	June 12	2 yrs.
Ronald DeLong	June 12	2 yrs.
Mark Singer	June 12	2 yrs.
Keith Reed	June 12	2 yrs.

TO:



FATHER'S DAY
JUNE 16th

**HAPPY FATHER'S DAY WISHES TO ALL
THE DAD'S OF THE DEPARTMENT,
FAMILY AND FRIENDS.**

Training and Safety Division

by Battalion Chief Russell Accardi

Training Schedule

June 5th—7th

Live Fire Burn
Model 2 / Zone 3

June 12th—14th

Company Level
Model 3 in Zone

June 19th—21st

Dive Training
Divers Only
Company Level

June 25th—28th

Haz-Mat Chemical Analysis
Haz-Mat Techs Only
Location : TBA

The distribution of our next newsletter is July 15, 2002. All news articles should be turned in to Cecelia Shade in the Administrative Office on or before June 29, 2002. Deadline for turning in news articles will be June 29th at 5:00 p.m. As we begin a new year, with new and exiting issues of "Hot Topics", we look forward to your comments, suggestions and constructive feedback, so that we may continue to produce quality reading for your enjoyment. Thank you to all those who have a hand in making this newsletter the best!