

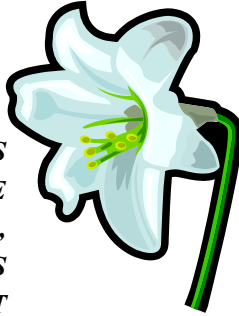
HOT TOPICS

September 15, 2002

Volume 2 – Issue 4



SEPTEMBER 11, 2001



THIS ISSUE OF HOT TOPICS IS DEDICATED IN MEMORY OF THE VICTIMS, THEIR FAMILIES, FIRE FIGHTERS, POLICE OFFICERS AND TO ALL THOSE WHO LOST THEIR LIVES ON THIS TRAGIC DAY IN HISTORY. AND, TO ALL THE HEROS WHO WORKED SO DILIGENTLY TO SAVE THEM AND BRING COMFORT TO THE FAMILIES THEY LEFT BEHIND, AS WE REMEMBER THE TRAGIC EVENTS THAT OCCURRED AS A RESULT OF LAST YEARS TERRORIST ATTACKS.

Also, please join me in congratulating Driver Engineer Mark Wood on his recent promotion. Much success to him in this new endeavor.



Chief Charles Stravino congratulates Mark Wood on his recent promotion to Driver Engineer.

Operations News

By Acting Assistant Chief Charles Stravino



Chief Stravino pictured here in our new Special Events Response Vehicle (SERV)

READY TO SERV! The Special Events Response Vehicle (SERV) we spoke of last newsletter is now ready for service. The Global Electric Motorcar Chassis was outfitted with a miniature rescue box capable of full treatment and patient transport with Paramedics to a rescue vehicle. This is a first of its kind in the area. After much tweeking, its debut was at the Pineapple Grove Bed Race held August 30, 2002. Stop in and check out this new addition to our fleet.

Community Education News

By Lieutenant Hal Knabb

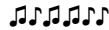
Stop, Drop, and Let's Roll

It all started the morning of September 11, 2001 at approximately 8:45 a.m. I was preparing to present a Fire Safety class for five year olds from Bar & Ferg's Academy. "Get in here, you have to see this." Driver Engineer Clint Cason, normally quiet and reserved, was nearly shouting, directing me to the television inside Fire Headquarters. There, I found his polar opposite in personality. Paramedic Katherine Hoecherl, sitting, her head in her hands, mute and motionless, staring at the tragic site on the television screen. An airliner had crashed into one of New York's World Trade Center Towers. I did not know it then, but those changes in strong personalities and the airliner crash were the first signs that after today nothing would ever be the same again.

Bar & Ferg's Academy began arriving shortly before 9 a.m. Twenty-nine five year olds ready for their "Stop, Drop, and Roll Program". The star of the program, Freddy, the singing fire truck, was delivering his first song when a teacher, cell phone in hand, whispered to me "another plane just crashed into the other World Trade Tower".



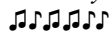
*If you're on Fire, Drop to the floor right away,
Stop, Drop, and Roll kids, Until the fire goes out,
Stop, Drop, and Roll kids, No need to run all about...*



Now I knew, what I had not realized earlier. America was under attack. The deadliest terrorist attack in the history of the United States was underway. Weapons of mass destruction, disguised as airliners, were the method of madness for this attack. Shortly thereafter reports started coming in: American Airlines Flight 77 had crashed into the Pentagon in Arlington, Virginia; United Airlines Flight 93 had crashed southeast of Pittsburgh, Pennsylvania. Flight 93 was headed for Washington D.C., but was diverted by the brave actions of its passengers, initiated by Todd Beamer's "Let's Roll". This time the enemy picked the wrong plane to hijack.



*I had two ways out, When my house caught on fire,
I had two ways out.*



The five year olds from Bar and Fergs were leaving Fire Headquarters when Fire Chief Kerry Koen paged me to his office. En route to Chief Koen's office, I passed by the training rooms upstairs. The scheduled training for that day was Palm Beach County High Rise Firefighting Standard Operating Guidelines. A scene reminiscent of the cult movie classic *Night of the Living Dead* was taking place in the training rooms. The rooms were dark except for the four televisions showing the same footage of the horror in New York. Instructors and students were walking from one television to another. No one spoke. They just kept walking and looking. On the tables abandoned training manuals lay opened. One of the manuals was opened to section 4.2: Collapse... "Collapse of High Rise buildings, or portions of these structures, has not been a significant problem".

By the time I reached Chief Koen's office both World Trade Center Towers had collapsed. The time was approximately 10:30 a.m. Chief Koen was his usual unflappable self. "I want you to notify our Community Emergency Response Team (CERT), that we are monitoring the situation at the World Trade Center and at The Pentagon. We are opening the Emergency Operations Center here at Headquarters and the CERTS' will be notified if their services are needed." Chief Koen provided me with stress relief, leadership and an assignment.

After leaving Chief Koen's office, I was given a wager I should have taken. "They're telling everyone to stay away from government buildings. I bet you won't have any mom's with car seats today." There were nine appointments scheduled for that afternoon. All nine showed. Terrorist attacks, weapons of mass destruction, and a national crisis were not worthy rivals for mom's

love.

Notification of the CERT was not difficult. Already that morning members of the team were at Fire Headquarters working on their radio system. This group listened patiently as I related Chief Koen's emergency advisory. They calmly reassured me that they were prepared to help in any way they could. The group recalled similar feelings of anger, anxiety, and anxiousness with the signature event of their generation: Pearl Harbor. They reassured me, "We will get through this. We have been here before".

It has been one year, I remember most: the children, CERTS', and a Chief. Their actions were in no way special. More importantly they were reassuring. Seemingly unaffected they carried on. *Stop, Drop and Let's Roll, No need to run all about.*

Admin./Support Services News

By Ellen P. Wickert, Admin. Officer

Welcome back to Tammy who has been on a two week vacation. Thanks to all Support Services staff for helping during Tammy's vacation. Roxanne is on vacation for the first two weeks of September and we wish her a very nice vacation.

Telestaff News – We are working to make sure everyone will have access to the Telestaff program after the training at the end of September. Jennifer Reynolds from M.I.S. has been correcting some networks problems we incurred recently.

Fire Safety News

By Assistant Chief William Adams

Welcome to the City of Delray Beach! Recently three more parcels were annexed into the City. All three are in the Northwest quadrant. The Colony is a 34.6 acre existing residential development located just East of Military Trail and just South of the L-30 canal. The second parcel is located just to the East and South of the Colony. It is 54.5 acres and consists of properties with various zoning designations. The third parcel is a single family residence just North of the L-31 canal on the West side of Barwick Road.

Lt. **Mark Dagnan** is working to make sure that all 9-1-1 calls originating in these newly annexed properties are directed to the correct jurisdiction. Knox box locations are also being converted. In addition, there will probably be changes in the addressing of these properties.

Harvey Greenberg, Fire Plans Reviewer, will be working out of the Building Department on Tuesdays and Thursdays from 9:00 AM until 12:00 PM. During these periods, people applying for certain types of permits will be able to do so in a "one-stop" setting. Additionally, Harvey will be available to

answer questions or issues that residents might have about code requirements.

The Fire Safety Division assists organizations that are updating or establishing Safety Plans and/or Evacuation Plans for all types of emergencies. NFPA standards provide guidance on what these plans should contain, but having someone on-site is often the best way to handle problems unique to the occupancy or structure. Recently, **Lt. Hal Knabb** responded to a request from the U.S. Post Office on Military Trail to assist them with their procedures. Subsequently, that branch earned the highest score in the district between Orlando and Deerfield! They said they couldn't have done it without Hal's help.

FAST FIRE FACTS

How do you protect exposed steel in a building from failing due to the heat of a fire?

One of the more popular ways is to spray the steel with an intumescent paint. The word intumescent means to swell or char when exposed to flame. Under normal conditions the coating appears to be similar to paint. However, when the protected steel is exposed to heat, the coating expands anywhere from 15 to 30 times its original thickness! This expanding coating generates a char layer which then erodes, exposing more of the intumescent coating. This process of expanding and eroding insulates the steel from the effects of the heat.

EMS News

By Division Chief Robert Moreland

Thanks to everyone who responded to last month's case study. Yes, you were on the right track! The patient's weakness and peaked T waves on his 12 lead ECG were associated with hyperkalemia, an elevated blood level of the electrolyte potassium. Even minor changes in serum potassium above or below the normal levels can have major changes in cardiac rhythm and function.

The most common clinical presentation of severe hyperkalemia involves patients with end-stage renal failure and commonly presents with severe weakness or arrhythmias. Medications used to prevent hypokalemia may result in potassium overload. In the case study, our patient was on a potassium supplement (k-dur) and a potassium sparing diuretic (spironolactone). These medications and missing his dialysis treatment were clues to and contributed to his condition.

As the condition worsens flattened P waves, first-degree heart block and widened QRS complexes may be present. In the worst case scenario, idioventricular rhythm and sine-wave formation

can occur with cardiac arrest.

In our Emergency Medical Standing Orders, on page 10 there are guidelines for special arrest situations including renal failure patients. Remember, when faced with cardiac arrest in renal failure patients who present with PEA's, sine-wave patterns, or asystole, the initial drug therapy should be CaCl 1 gm. IVP, followed by a 50 ml fluid flush then Sodium Bicarb. 1 mEq / kg IVP. After that, refer to the appropriate arrest protocol.

Other EMS Division news: Look for new protocols and SOP's addressing chemical restraint for agitated patients and a revision to the controlled medication policy.

The Adult immunization project for our elderly high risk and most underserved residents has been fully funded. Training of 15-20 interested paramedics will begin in late September and early October. We have been granted 400 doses of the flu vaccine and 100 doses of pneumococcal vaccine. The target sites and dates are being identified and will begin in late October and early November. The idea is to send five or six paramedics to administer the shots along with volunteers from various groups to do the paperwork to each site for 3-4 hours per session. Other Fire-Rescue Departments involved in the program include West Palm Beach, Rivera Beach, Palm Beach County and Lake Worth. Meetings will be scheduled with each shift to identify interested personnel in the near future. Please call your Shift Paramedic Lieutenant or myself if you are interested in assisting with this very important and exciting program.

The cupolas at Headquarters have been removed and during

Administration News

By Brad Fitzer, Division Chief

their removal it was discovered that significant damage has been done to the trusses due to termites. The City is working with architects, engineers and the roofing company to design and repair the trusses.

The commemorative 9/11 patch for our bunker gear is in the final stages of being sewn on our bunker coats. If you have not yet had a patch sewn on your coat contact your Battalion Chief.

We have been unfortunate in that we have had several personnel on light duty over the past couple of weeks. On the brighter side, those on light duty have been very instrumental in the cleaning of our storage areas at Headquarters. Their willingness to help with this project and to cover the phones has been noticed by many and is appreciated by all. Thank you.

As always, if you have any questions please contact me.

EMERGENCY MANAGEMENT NEWS

By John Tomaszewski, Assistant Chief

HOW TO CONDUCT A HOUSEHOLD INVENTORY

Natural or other disasters can strike suddenly, at any time and anywhere. Your first priority, of course, would be to protect your family and your property. But it is also important to protect against the financial consequences of a disaster. The key is to begin planning now. One common sense step you can take in preparing for a disaster is to conduct a household inventory by making a list of everything you own. If disaster strikes, this list could help you prove the value of what you owned if those possessions are damaged or destroyed. This in turn will make it more likely you will receive a fast, fair payment from your insurance company. This will also provide documentation for tax deductions you claim for your losses.

The following are suggestions for conducting a thorough home inventory...

- Record the location of the originals of all important financial and family documents, such as birth and marriage certificates, wills, deeds, tax returns, insurance policies, and stock and bond certificates. Keep the originals in a safe place and store copies elsewhere. You will need accessible records for tax and insurance purposes.
- Make a visual or written record of your possessions. If you don't own a camera or videotaping equipment, buy an inventory booklet and fill it out, or make a simple list on notebook paper. Ask your insurance agent if he or she can provide one.
- Go from room to room. Describe each item, when you bought it, and how much it cost. If you're photographing or videotaping, have someone open closet doors and hold up items.
- Record model and serial numbers.
- Include less expensive items, such as bath towels and clothes. Their costs add up if you have to replace them.
- Be sure you include items in your attic and garage.
- Note the quality of building materials, particularly for such furnishings as oak doors or expensive plumbing fixtures.
- Photograph the exterior of your home. Include the

landscaping. Make special note of any improvements, such as a patio, fencing, or out-buildings.

- Photograph cars, boats, and recreational vehicles.
- Make copies of receipts and canceled checks for more valuable items.
- Get professional appraisals of jewelry, collectibles, artwork, or other items that are difficult to value. Update the appraisals every two to three years. Update your inventory list annually.

Sound like too much work? Computer software programs designed for such purposes can make the task much easier. These programs are readily available in local computer stores.

Most important, once you have completed your inventory, leave a copy with relatives or friends, or in a safe deposit box. Don't leave your only copy at home, where it might be destroyed. Do what you can. Taking even limited action now will go a long way toward preparing you financially before a disaster strikes.

Community Emergency Response Team News

By Bernard Federgreen

The Haitian community has requested a meeting to revitalize their CERT program. September 24th at 6:30 PM has been set aside for this meeting. All Haitian CERT members whether recertified or not, are urged to attend. For further information, please contact Renold Chery at 498-9177.

On August 6th, a meeting was held with Lt. Knabb to lay the ground work for a train-the-trainer program. Bernard Federgreen, Arlene Sherman and Leo Prunner attended. At the conclusion of this meeting, a formalized plan was developed which will be presented to Fire Department Staff at a follow-up meeting.

At the request of the Boynton Beach Fire Department members of our CERT organization were requested to assist with Boynton's first graduation CERT class in their disaster simulation.

Training and Safety Division

By Lt. Victor Williams

The Special Operations Coordinator and the Training and Safety Division were extremely encouraged by the feedback received from the participants of the Hazardous Materials Toxicology Paramedic Class and the Tank Truck Class offered at fire headquarters last month. Participants came from various departments and represented different levels of experience. **Brett Lea, a Lieutenant with Boca Raton Fire-Rescue**, said “This is a really good class (Tox-medic class). We’re going to try and get a presentation of this class in our department for those who couldn’t have been here for this one”. The tox-medic class, as it is called by fire department personnel, was a street level toxicology course for paramedics working in the field. Our departmental personnel also thought the program was excellent. **Todd Lynch**, a Paramedic with the Delray Beach Fire-Rescue Department, said that the program was really good and he only wished that more employees had taken advantage of the opportunity to participate. “Response Technologies Corporation did an outstanding job in taking a difficult subject and transforming it into everyday language readily understood by the students”, Lynch continued. “It really is a good class”.

The Tank Truck Class also met the approval of operational personnel. Many concluded that it was some of the best training they had received on the subject. The class consisted of lectures as well as a practical hands on portion. **Driver Engineer Mark Siciliano** was impressed not only with the course material, but more so with the props used to demonstrate the concepts taught during the lecture sessions. The company, Safe Transportation Training Specialist, of Carmel Indiana, created the props themselves to help their students benefit through visualization and hands-on. Both classes were successful in reaching their goals of providing the latest information in a practical and effective manner. The Special Operations Coordinator, **Lt Wayne Yoder** and **Lt Mark Reynolds** should be commended on their efforts of locating and presenting practical and pertinent training for our department.

It’s finally here! **FETN (Fire and Emergency Television Network)** has been added to the programming of all our stations. The Training and Safety Division has diligently worked over the past few months to deliver an in house training option. The programming consists of American Heat, Pulse, and FETN news and specials. The programming also consists of curriculum based on NFPA standards and includes special programs such as Chief Officer, Firefighter I and II, Haz-Mat, Rescue Specialist, and Fitness and Wellness. A program guide for September, 2002 has been included in that months training log. It is the hope of the Training and Safety Division, that all of you will find these programs educational, relevant and useful. It is also our hope that our personnel will take full advantage of this readily accessible training opportunity.

Finally, due to our continuous concerns for the safety of our personnel, the Delray Beach Fire-Rescue Department has recently purchased safety equipment such as high visibility traffic

garments, state of the art bunker gear, and high-tech protective foot wear. Just recently the department invested in the tactical accountability boards. **The Tactical Accountability Boards or Command Boards** will be placed on all in service suppression units as well as the spare suppression units and all command staff vehicles. The command boards have proven their usefulness in providing reminders of essential task needing to be accomplished during emergency situations. Such reminders as the arrival report, radio frequency, primary and secondary search, rapid intervention team, the disposition of utilities and many others. The accountability entry board is used for monitoring entry into hazardous areas. Whether the emergency scenario is fire related, medical or special operations, the accountability entry board has been proven useful. When used properly, the accountability boards would provide needed information of who is not accounted for, their last assignment, and possibly their last known location.

The placement of the boards on the apparatus is for our protection and therefore we encourage all of us to use the equipment appropriately. We must take care to ensure that we are following proper procedures and protocol during shift change, routine station duties as well as during emergency operations. Exchanging of the unit passports prior to leaving the apparatus floor during shift change and making sure your personnel accountability tags are on the vehicle’s unit identification pad will ensure that the accountability boards, when called upon, will provide the very protection they were intended to provide.

Training Schedule

September 4th—6th

Initial Attack
Line Strategies
Model 16 @ Fire HQ

September 11th

WTC Memorial Service 09:30—10:30

September 12th—14th

Company Level
Dive Rescue Training

September 17th—20th

Haz-Mat Recert Final
Haz-Mat Techs Only
Location: Station #6

September 25th—27th

Tele-Staff Systems
Model 4 @ Fire HQ

E-Mail From Wigderson

Monday, September 02, 2002

12:18 PM

Chief Wigderson checks in from time to time just to see how things are going here at Delray Beach Fire Headquarters. Enjoy!

Life Is Good!

Just a quick update to let you know how we're doing. Since leaving Wisconsin, we've taken the Badger ferry across Lake Michigan to Ludington. The eastern shore of Lake Michigan had the most stars we've seen so far—not much competition from city lights! We crossed Michigan to stay on the eastern shore of Lake Ontario near Port Huron. From there, we took a side trip to Detroit's Greenfield Village, an early 19th century village, and the Ford Museum that's on the same site. You really can't see everything in one day. Two or three days would have been better. They also had the IMAC theater showing the Louis and Clark expedition which we thoroughly enjoyed. In the lobby while you waited, they showed how they made the movie. We entered Canada via the Rainbow Bridge and traveled over the top of Lake Ontario to Niagara Falls. First, we took the Canadian tour and the next day, saw the falls from the American side—the weather was toasty and we hoofed the trails along with tons of other people. Fort Niagara was another day and here again you could have spent the whole day just listening to the tour guide and watching the canon demonstration. It was a fur trading post before it turned into a fort in the late 1600's and early 1700's. We drove along the top of Lake Erie to visit Toronto and Montreal. After 2 weeks in Canada, we came back to the states via Vermont. That was our second best star gazing location, Bald Mountain. The weather has been in the 50's overnight, mid 60's daytime in Canada and this Labor Day weekend in Sturbridge, MA. Today, is a nice rainy day. The previous two days we spent in Sturbridge Village which is an 1830's living history museum. The games for children are held on the grass in the commons, the center of town. There's a blacksmith, banker, lawyer, parson, peddler, Indian doctress, all playing their roles as if it were 1830. Also a working saw and grist

mill. 200 acres is a big area to cover. For one of the tours, we got to ride a horse-drawn wagon—transportation from 175 years ago.

Tomorrow morning, we're on our way to Hershey, PA to tour the chocolate factory. We'll be in a home park for those two weeks. Next weekend, we plan to volunteer an afternoon for Fleetwood at the motor home show in Harrisburg. We've not had much luck finding internet availability at a lot of the camp grounds. Public libraries have been most helpful. In Spencer, MA the red brick library building was something to see for itself. It's easily 150 years old, wing chairs flanking the fireplace in the reading room, lots of woodwork, stained glass windows, circular staircase from the 2nd to 3rd floor and most fabulous of all: computers and the internet!

Life is good!

Until we E again,

The Retired One and Sue, Too.

If you would like to chit chat with Mike and Sue Wigderson, you may e-mail them at MSWIGDERSON@msn.com. I'm sure they would love to hear from you.

E-MAIL INDEX

Richard J. D'Atrio
RDATRIO@HOTMAIL.COM

Douglas Trawick
DTRAW1223@aol.com

Bernard "Butch" Tillson
BTILLSON@mylink.net

Michael D. Cato
CATO@esterofire.org

Robert Brown, II
RB2HOGGER@aol.com

Barry A. Searles
NICNAC555@aol.com

From the Chief's Desk

By the time you have received this edition of *Hot Topics*, the one year anniversary of September 11th will have passed, and with it, a number of community events honoring those who suffered so much on that terrible day. The Delray Beach observance included a "remembrance" at each city Fire Station and later in the evening, a city-wide ceremony at Old School Square. Both events were well attended and meaningful to each of us in a very special way. Our special thanks are extended to the *Police-Fire Chaplains who participated in both events.*

Boston's on the Beach will be the site of another related event on the evening of September 18th as the *Boca Raton and Delray Beach News* concludes their observance of "HOMETOWN HEROS" and their related special editions on September 11th calling attention to the events of one year ago, but also to specifically recognize local Fire Fighters, Police Officers, Dispatchers and others who work so hard to keep our own communities safe. Both *Division Chief Russ Accardi* and former *Paramedic Eduardo Cagnin* were nominated to be Delray's Fire Fighter of the Year for the purpose of this special recognition.

I recently returned from Kansas City where I attended the *International Association of Fire Chief's annual conference*. One of the speakers at the second day opening general session was *Thomas Von Essen, former Fire Commissioner, FDNY*. He shared some very personal thoughts about the events of that day as well as the months which followed. I have to tell you that just listening to him recall some of what they went through as a result of the WTC incident was a powerful reminder of just how precious life is, and how quickly and unexpectedly it can be taken from us. On the way back to my hotel the afternoon of his presentation, I just happened to sit on the shuttle bus next to him. Within the course of 15-20 minutes of that bus ride I learned that he occasionally visits old friends who live in Ft. Lauderdale, and

I immediately invited him to stop in for a visit if he is ever in the area. He said he would love to do that and I have since sent him an e-mail, officially extending an invitation. Let's continue to remember him and all the families in New York in our thoughts and prayers. *There is a lot of needed healing still ahead.*



Chief Koen congratulates John Deckers and Danielle Connor on their recent promotions.

On the local front, we have recently been able to promote *Danielle Connor* and *John Deckers* to Lieutenant, and *Lieutenant Mike Wise* will be moving to the Special Operations Coordinator position. Congratulations to all! Lieutenant Connor will be working closely with me and other members of the Senior Staff working on recruitment strategies which relate to our short and long term staffing objectives. New recruitment incentives were just recently approved by the City Commission to reward any city employee that helps us recruit and hire a new employee. This is a program that is similar to one now in place in the Police Department which has been instrumental in attracting two or three good hires in that agency. By the way, if you have referrals in mind, check out the recently distributed S.O.P. and make sure you get credit for potential hires that you have in mind.

CONGRATULATIONS! To all who participated in this year's "boot drive" collection efforts on behalf of MDA and some very special needs in our world. *Delray Beach Fire Fighters* collected a very impressive \$10, 200 over the Memorial Day Weekend and were featured on the Channel 12 live feed from West Palm Beach. *Way to go guys!*

The distribution of our next newsletter is October 15, 2002. All news articles should be turned in to Cecelia Shade in the Administrative Office on or before September 27, 2002. Deadline for turning in news articles will be September 27th at 5:00 p.m. We hope that you have enjoyed this issue of "Hot Topics" and we look forward to producing our next new and exciting issue. Thank you for your participation.

TO:



Departmental Anniversaries

September 15	Geoffrey Cooper	22 yrs.
September 16	Chris Ackerman	2 yrs.

Congratulations on your milestone in your career in the fire service.

RECIPE OF THE MONTH

White Chicken Chili

INGREDIENTS:

- 2 chicken breasts (cooked: boiled, baked, grilled)
- 1 15oz can Northern Beans
- ½ to 1 jar Newman's Own medium salsa (or salsa of your liking)

METHOD OF PREPARATION:

Cut chicken into bite-size pieces. Combine chicken, beans, and ½ jar of salsa (add more salsa as desired) in medium size pan and cook over medium heat on the stove until near boiling. Ready to serve when hot. Serve with a side salad with low-fat, low-cal dressing for a healthy meal. Great leftovers for lunch too!

NUMBER OF SERVINGS: 2

**A W E S O M E
K I D S . . .**



Lt. Pam Garcia's daughter, *Taylor Garcia*, age 3-1/2 participated in June in the Kids Fire-fighter Combat Challenge in Deerfield Beach. She did an outstanding job for her age group. Look out Delray Beach Fire Department for this future fire fighter.

When Taylor gets hired, it is definitely time for mom to retire. *Congratulations, Taylor.*

Also, Staff Assistant *Cecelia Shade's* daughters, *Taylor and Toyrei* competed this summer at the AAU National Track & Field Competitions in Knoxville, Tennessee.



Taylor, 8 years old, competed in the long jump against 50 girls in her age group and placed 5th overall, jumping 11' 3"; Toyrei, age 10, and her 4x100 relay teammates, *Jasmine, Breanna and Shannon* placed 7th overall and awards were given to the top 8. We look forward to the 2003 AAU National competitions which will be held in Detroit, Michigan.