

Delray Beach Parks & Recreation Programs & Activities



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Recreation Sites

Community Center

50 NW 1st Ave.
(561) 243-7250
M-F: 8:00am - 9:00pm
Sat: 8:00am - 3:00pm
Sun: Closed

Pompey Park

1101 NW 2nd St.
(561) 243-7356
M-F: 8:00am- 9:00pm
Sat: 9:00am - 8:00pm
Sun: 1:00pm - 6:00pm

Veterans Park

802 NE 1st St.
(561) 243-7350
M-F: 8:30am to 4:00pm
Sat-Sun: Closed

“505” Teen Center & Hobbit Skate Park

505 SE 5th Ave.
(561) 243-7158
Mon – Fri: 3pm-9pm
Sat: 12pm-9pm
Sun: CLOSED

Pompey Park Pool

1101 NW 2nd St.
(561) 243-7358
Tue-Sat: 9:00am - 5:00pm
Sun-Mon: Closed

Delray Swim Club

2350 Jaeger Dr.
(561) 243-7058
Sun-Mon: Closed
Tue-Sat: 9:00 am - 5:00 pm

Ocean Rescue/Beach

340 S. Ocean Blvd.
(561) 243-7352
Beach is Lifeguarded
9:00 am-5:00 pm
365 days per year

Catherine Strong Splash Park

1500 SW 6th St.
(561) 243-7194
Mon: Closed
Tue-F: 8:00 am to dusk
Sat-Sun: 10am to dusk



On-Line
Registration
Now Open!

MyDelrayBeach.com

Pool Facility Rentals Pompey Park Delray Swim Club

Our pools are ideal to host your next family reunion or birthday. Reserve your special date and celebrate it with family and friends on the pool side! Your date must be reserved 2 weeks prior to your event.

For more information call (561) 243-7358.

Aquatics for Everyone

Annual Pool Pass

Avid swimmers can purchase an Annual Pool Pass; they are valid at Pompey Park Pool & the Delray Swim Club. Pass can be purchased at Pompey Park Pool, 1101 NW 2nd Street (561) 243-7358 or Delray Beach Community Center, 50 NW 1st Ave (561) 243-7250. Applicants must present their driver's license and have their photo taken when registering.

A's & B's Swim for Free

Children (6-17 years of age) who have achieved the highest markings on their report card can be rewarded a FREE Annual Pool Pass by presenting their report card at time of registration. Pool pass photos will be taken at the time of registration.

Annual Pool Pass Fees

Pool pass fees are doubled for non-residents
Adult \$60.00+Tax, Seniors \$50.00 +Tax, Child \$5.00 +Tax

Group Swim Lessons

Pompey Pool, 561-243-7358
Delray Swim Club, 561-243-7079

Participants learn how to swim in a class setting with 1 instructor to 5 students. All classes follow the American Red Cross Learn to Swim Programs.

Dates: April 2010

Ages: 6 months - Adult

Days: 8 Half-Hour Classes for Two Weeks
Please Call for Seasonal Class Schedule

Time: 3:45-4:15pm / 4:15-4:45pm

Cost: Residents \$30.00 each session
Non-residents \$35.00 each session

Individual Instructional Swim Lessons

Pompey Pool, 561-243-7358
Delray Swim Club, 561-243-7079

Participants learn how to swim in a class setting with one instructor to one student. All classes follow the American Red Cross Learn to Swim Programs.

Ages: All ages (including Parent & Tot)

Days: 4 Twenty Minute Classes – 4 Consecutive Days
Please Call for Seasonal Class Schedule

Morning: 10-10:20am / 10:30-10:50am / 11am-11:20am

Afternoon: 2:30-2:50pm / 3-3:20 pm / 4-4:20pm

Cost: Residents \$45.00, non-residents \$50.00

Water Safety for Everyone

Pompey Pool, 561-243-7358
Delray Swim Club, 561-243-7079

Schools, Groups, Non-profit Organizations & Home-Schooled Students. Lifeguards will demonstrate how to recognize and prevent dangerous situations, and participants learn water safety skills that will help them in most aquatic emergencies. Learn how to effectively escape a potential double drowning, how to assist a non-swimmer to safety without putting themselves in danger, and how to calculate an approaching storm.

Ages: 5 years and up

Time: Please call to schedule

Cost: Free of Charge

Certified Lifeguard Training & Lifeguard Re-Certifications

Pompey Pool, (561) 243-7358
American Red Cross, (561) 833-7711

Contact your local American Red Cross to register.

The course content and activities prepare participants to recognize and respond to emergencies and prevent drowning and injuries. Certifications include: Lifeguard Training, Adult/Child/Infant CPR, Standard First Aid, Automated External Defibrillator, and Oxygen Administration. American Red Cross certifications will be issued upon course completion.

Age: 15 Years and up

Dates: TBA

Prerequisites: Swim test required

Time: 9:00 am - 4:00 pm; 5 Days

Full Course: \$150.00 American Red Cross fee, plus pool fee \$50.00 residents, and \$55.00 non-residents

Re-Certification Course: \$50.00 residents, and \$55.00 non-residents

East Coast USS Swim Team & US Masters Swim Team

Pompey Pool (561) 243-7358
Coach (561) 703-2858

Swim team members are registered with Florida Gold Coast and their competition swim times are recorded at local, national and world wide level. Practice starts at 3:30pm

USS Swim Team: 5+ years of age

Cost: \$60 annually, plus \$70 monthly coaching fee

US Masters Team: 18+ years of age

Cost: \$60 annually, plus \$45 monthly coaching fee

If swim team members are unable to attend practice at 3:30pm, the start time can be adjusted to accommodate.

50 Mile Swim Club

Pompey Pool, 561-243-7358
Delray Swim Club, 561-243-7079

Lap Swimmers & Water Walkers... join our 50 Mile Swim Club and put your miles in! Once participants complete 50 miles, they will receive an award and T-shirt.

Ages: Minimum 15 Years

Days/Time: During operational hours

Cost: Pool Admission or Annual Pool Pass

Splish-Splash Classes

Water Exercise, Water Walking, Deep Water Exercise

Pompey Park Pool (561) 243-7358
Delray Swim Club (561) 243-7079

Participants will strengthen & build muscles with low impact and

high water resistance! Come with a friend or make new ones while getting a great workout!

Ages: All Ages

Times: Please call for seasonal classes

Cost: Pool Admission or Annual Pool Pass

Junior Lifeguard Program, Ocean Rescue

Anchor Park, 243-7352

Participants must pass a swim test in pool to qualify for program.

Class size is limited to 25 participants

Ages: 11-17 years

Dates: March 29—April 2, 2010

Days: Monday thru Friday

Time: 9:00 to 11:30 A.M.

Cost: \$50.00

Athletics/Fitness, Infant—Teen

Delray Beach American Little League

Pompey Park, (561) 243-7356

Contact: Eddie Odom (561) 542-0337 or Terence Thomas (561) 703-4791

Participants are taught basic baseball skills and compete in weekly games and tournaments. Divided into age divisions including Tee ball and coach pitch.

Ages: 5 - 18 years

Dates: December - July

Cost: \$35.00 per child

Location: Pompey Park, 1101 NW 2nd Street

Kinderdance

Veterans Park, (561) 243-7350

Contact: Sally (561) 716-4480

Kinderdance is a planned developmental dance/movement and fitness program stressing the basics of ballet, tap, acrobatics and creative dance while blending educational concepts. For boys and girls. Girls should wear leotards and boys should wear shorts and t-shirt. Kinderdance participants will need ballet and tap shoes. Pre-registration required.

Ages: 3-5 years

Dates: Starts January 12th, 2010

Time: 2:45pm-3:30pm

Days: Tuesdays

Cost: \$75 residents; \$85 non-residents

Kindertots

Veterans Park (561) 243-7350

Contact: Sally (561) 716-4480

Kindertots is a pre-kinderdance program that promotes social and gross motor skills, physical development and body awareness while learning numbers, colors, shapes, and songs. For boys and girls. Girls should wear leotards and boys should wear shorts and t-shirt. Pre-registration required.

Ages: 2 years

Dates: Starts January 13th, 2010

Days: Wednesdays

Time: 10:30a-11:00a and 11:15a-11:45a

Cost: \$60 residents; \$70 non-residents

Start Smart Sports

Catherine Strong Park, 561 243-7194

Start Smart Sports Development Programs provide a comprehensive motor skill development program that is geared to ages 3-5 year olds. Start Smart Programs, created by the National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is an innovative step-by-step approach that builds confidence and self-esteem in a fun and safe sports environment.

Ages: 3-5 years old

Date/ Day/Time: Saturday Morning 10:00am-10:45am

Soccer: Jan 9-Jan 30

Basketball: Feb 6- Feb 27

Football: Mar 6-Mar 27

Baseball: Apr 3-Apr 24

Tennis: May 1-May 22

Golf: May 29-May 19

Cost: \$20 residents/\$25 non-residents for each program

Start Smart Pre-School/Day Care Facilities

Catherine Strong Park, 561 243-7194

Start Smart Sports Development Programs provide a comprehensive motor skill development program that is geared to ages 3-5 year olds. Programs include Baseball, Basketball, Football, Golf, Soccer, Tennis, etc. Start Smart Programs, created by the National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is an innovative step-by-step approach that builds confidence and self-esteem in a fun and safe sports environment. This program is available to preschools and day care facility. Each facility will be assigned a day and time slot that meets once week at your convenience. Call Catherine Strong Park to reserve a day and time for your group to partici-

Don't Miss Out!



Open For Spring Break and Summer Camps

- Ages 5-18
- Low student / Teacher ratio
- Weekly sessions
- Open December-April; June-August
- Father and Son Weekends
- Major League guests
- Most organized, disciplined program in the country
- Recreation room



490 Dotterel Road
Delray Beach, FL 33444
(561) 265-0280

www.buckydentbaseballschoool.com



pate in this instructional program during the 2009-2010 school year.

Ages: 3-5 years old/preschool age
Date/ Day/Time: Weekday Mornings
Cost: \$1.00 /per child

Jr. Olympic Skills Competition

Catherine Strong Park, 561 243-7194

The Jr. Olympic Skills Competition is a FREE national grassroots skills competition that provides both, boys and girls ages 8 to 13, the opportunity to showcase their athletic abilities in four (4) sports - basketball, soccer, tennis and track & field. Jr. Olympic Skills Competition encourages youth participation in sport and emphasizes fair and friendly competition. Youngsters can participate in any or all of the individual sports and advance through three (3) levels of competition, including Local, Regional and the National Finals. Each sport is scored individually and the boys and girls compete separately.

Ages: 8-13 years old
Date/ Day/Time: TBA
Cost: FREE

Delray Divas

Pompey Park, 243-7356

In stepping, the body is used as an instrument to create intricate rhythms and sounds through a combination of footsteps, claps and spoken word. The program is designed to allow our youth to set and achieve goals, make decisions and evaluate their decisions by learning self-worth, decision making skills, and traditional values such as: self-respect for others and perseverance. We attend between 60 – 80 performances a year throughout South Florida

Ages: Elem. – High School
Days: Monday – Thursday
Time: 6 p.m. – 8 p.m.
Cost: Residents \$30, non-residents \$35.00

Delray Divas Annual High School Step Show

Atlantic High School Auditorium

Local High School Step Teams compete against each other. Awards given to the top 3 teams

Ages: High School Teams
Date: Saturday March 6, 2010
Time: 6 p.m. – 10 p.m.
Cost: \$10.00 per person

The Delray Beach Athletic Club

Come Join the Fun for Youth and Adult

SOCCER AND LACROSSE

For further information about our programs please
 visit our website at www.delrayac.com

Diamonds and Pearls Dance Team

Pompey Park, 243-7356

Young ladies develop and maintain a healthy, mental and physical state all through expression. This program exposes the participants to cultural diversity through music and movement. The dance team performs at various shows and events throughout the South Florida area.

Ages: 8th – 12 grade
Days: Tuesday, Thursday and Saturday
Times: 6 p.m. – 8 p.m.
Cost: \$30 resident \$35 non resident

1st Annual Dance Team Competition

Atlantic High School Auditorium

Rhonda Williams, 243-7356

Local teams will be competing against each other. Awards given to the top 3 teams.

Ages: Various
Date: Saturday, January 23, 2010
Time: 6 p.m. – 10 p.m.
Cost: \$10 per person

Pompey Park Tee Ball League

Pompey Park, 243-7356

Entry Level sport to baseball. Participants will learn the fundamental skills of baseball but are allowed to hit the ball off a batting tee. Volunteers/parent coaches are needed.

Dates: January – March
Ages: 4 – 7, boys and girls
Time: 6 p.m. – 8 p.m.
Cost: Resident \$30 non-resident \$35

All America YBOA Basketball Classic

Pompey Park, 243-7356

Youth Basketball of America state qualifying tournament. This is a pool play tournament with the top two teams competing for the championship. Teams will be from around the state.

Date: March 19 – 21st, 2010
Time: Various
Cost: \$7.00 per person

Winter Skate Camp

Hobbit Skate Park, 243-7158

Beginners and avid skaters alike will benefit from this exciting program. Participants will learn all aspects of skateboarding including board set-up, safety tips, history of skateboarding and skateboard graphic design. Each week there will be contests, prizes and goodie bags! Each student must provide their own skateboard, helmet and knee/elbow pads.

Ages: 5-15
Days: Mon.—Wed. Dec 21-22 (3 days)
 Mon – Thurs. Dec 28-31, Mon, Jan 4, 2009 (5 days)
Times: 9:00am – 12:00pm each day
Cost: \$20.00 per day

Skate Tournament

Hobbit Skate Park, 243-7158

Please join us for our 2nd Annual Hobbit Skate Off. Live Music, Prizes, Give-a-ways, Food and Fun! Skate Jam will include a beginner, intermediate and advanced levels. Product toss at the

end of the contest. Local skate vendors will be on hand for all your skateboarding needs.

Ages: 5-Adult

Days: Saturday, February 27, 2010

Times: 12:00pm – 5:00pm

Cost: \$5.00 members /\$10.00 Non-members to compete

Saturday Skateboard Clinics

Hobbit Skate Park, (561) 243-7158

Come join us on Saturday mornings to have one-on-one instructions with our skate camp instructors. Participants will learn all aspects of skateboarding including board set-up, safety tips.

Clinic included drinks and snacks. Each student must provide their own skateboard, helmet and knee/elbow pads.

Ages: 5-15

Days: Jan 23, Feb 20, March 13, Apr 17

Times: 9:00am – 12:00pm

Cost: \$20.00 each session

Athletics/Fitness, Adult

Delray Braves Men's Baseball League

Pompey Park, 243-7356

Contact: Eddie Odom (561) 542-0337

Participants will play weekly games against other teams in adult men's leagues.

Ages: 18 years and up

Dates: January 2010-August 2010

Days: (to be determined)

Cost: FREE

Location: Pompey Park, 1101 NW 2nd St.

Palm Beach Sports and Social Club

www.palmbeachssc.com or 561-860-3748

Looking for a way to stay in shape, relieve stress, and meet new people? We are a Coed sports league where you can play like kids, socialize like grownups, and leave the planning to someone else. Dodge ball, Kickball, Volleyball, Flag Football, Softball, Wiffleball and Golf to name just a few of the sports offered. Our unique offering provides recreational sports leagues, and social settings for men and women of all skill levels in a safe, friendly, and fun environment. By putting the emphasis on fun and less on competition, it's the best way to stay active and meet new people in our area.

Aerobics

Community Center, (561) 243-7250

Contact: Sandy Hughes, (561) 272-7897

Creative routines that work all muscles, burn calories, improve cardiovascular fitness, reduce stress and helps you lose weight.

Ages: 18 years and Up

Days/Times: Mon/Wed/Sat 9:00 – 10:00am

Tues/Thurs 6:00 - 7:00 pm

Cost: Please contact instructor

Cardio Funk Aerobics Class

Pompey Park 243-7356

Aerobics exercise is exercise that involves or improves oxygen consumption by the body. Aerobics means "with oxygen" and refers to the use of oxygen in the body's metabolic or energy-generating process. Join Army Sgt. McNair as he gets you fit and

in shape

Ages: 18 years and up

Days: Tuesday and Thursday

Time: 6 p.m. – 7 p.m.

Cost: \$5.00 per class

Soul line Dancing

Pompey Park 243-7356

Come have some fun, get some exercise and learn the latest soul line dancing slides (electric slide) put that "remote control" downget up off that couch and come mingle with friends while having a great time.

Ages: 18 years and up

Day/Time: Monday 11 a.m. – 12 noon

Thursday 7:30 p.m. – 9 p.m.

Cost: \$5.00 per class

Adult Folk Dancing

Pompey Park, 243-7356

Learn new dances from around the world. Dance for fun and exercise.

Ages: 18 and older

Days: Tuesday

Time: 10:30 a.m. – 12:30 p.m.

Cost: \$5.00 per class

Israeli Dancing

Pompey Park, 243-7356

Learn traditional dances from Israel. Dance for fun and exercise

Ages: 18 and up

Palm Beach Sports and Social Club

"For people who enjoy sports.....but love to socialize"

Winter 2010 Season



Come Join the Fun for Adult
Coed Sports and Social Events



KICKBALL Season begins January!
SOFTBALL Season begins March

Flag & Touch Football, Dodgeball, Volleyball and
much more

Register as an entire team or as an individual
online at www.Playdelray.com

For more information about our Sports and Social
Events visit our website at www.palmbeachssc.com
or call 561-860-3748

Days: Thursday
Time: 10:30 a.m. – 12 noon
Cost: \$5.00 per class

Tennis Lessons with the Pro

Pompey Park, 243-7356

This program is offered to adults who would like to learn to play tennis, help to improve their game or just looking for a hitting partner. Individuals or groups are welcome

Ages: 18 and older
Dates: January – May
Time: 9 a.m. – 12 noon
Cost: \$15 per ½ hour; \$25 per hour; \$75 per 4 lesson package; \$40 per hour group lesson (max of 4 people)

Delray Beach Walkers Club

Veterans Park, (561) 243-7350

Contact: Jane Foster, (561) 243-7352

Walking is for seniors and adults who want to begin getting active. It is a great opportunity to improve your health, make new friends, and enjoy the beautiful vistas Delray has to offer. Sponsored by Ocean Rescue and Veterans Park Recreation Center. Receive a free t-shirt after walking 50 miles!

Ages: 18 years old and up
Days: Thursdays
Time: 8:00am
Cost: Free

Lawn Bowling

Veterans Park, (561) 243-7350

Enjoy a sport that takes skill and practice. The basics of the game are easy to learn. Call for tournament information. Everyone is welcome. Free lessons are available by appointment for anyone wanting to learn.

Ages: 18 years old and up
Days: Mondays, Wednesdays, & Fridays
Time: 9:00 am – 11:00 am
Cost: \$35 annually

Shuffleboard

Veterans Park, (561) 243-7350

This is a fun game involving skill and strategy enjoyed by all ages and abilities. We have cues and discs available for you to try it out.

Ages: 18 years old and up
Dates: Ongoing
Days: Any
Time: 9:00 am – 11:00 am
Cost: \$10 annually

Tai Chi for Beginners

Veterans Park, (561) 243-7350

Tai Chi offers many health benefits for balancing body, mind and spirit. It strengthens the immune system by improving the functions of the circulatory, nervous, respiratory, digestive and endocrine systems. Learn natural ways to relieve tension, stress and pains. Certified instructor.

Ages: All
Dates: Ongoing
Days: Mondays
Time: 11 am – 12 pm

Catherine Strong Park Pavilion Rental

Catherine Strong Splash Park is a great place to have a birthday party or family picnic in the park. Cool off in the Splash Park or play on the tot lot. Other fun amenities include the basketball court, tennis court and the open field for baseball or football.

Tuesday through Sunday

Half Day: 10:00 am-2:00 pm or 3pm-6:30pm
 \$50.00 plus tax

Full day: 10:00 am-6:30pm
 \$90.00 plus tax

Catherine Strong Park Staff (561) 243-7194

Cost: \$15 per class

Yoga

Veterans Park, (561) 243-7350

Yoga is a peaceful effort to enhance your life. Elongate the spine with warm-ups and postures. Relax and integrate. Transform with simple breathing, sounds and silence. This class is taught by a certified instructor. Beginners are welcome. Please bring your yoga mat.

Ages: 18 years old and up
Dates: Ongoing
Days: Wednesdays & Fridays
Time: 9:00 – 10:30 am
Cost: \$45 residents; \$50 non-residents; 6 classes

Other Activities, Infant—Teen

Winter Dance

"505" Teen Center, 243-7158

Food, Drinks and Dancing!

Ages: Grades 9-12
Days: Friday, January 8, 2010
Times: 9:00pm – Midnight
Cost: \$3.00 members / \$5.00 Non-members

Super Bowl Kickoff BBQ

"505" Teen Center, 243-7158

Enjoy some hamburgers and hotdogs on the back patio while socializing with your friends about who will win the Super Bowl.

Date: Saturday, February 6, 2010

Location: "505" Teen Center

Times: 4:00pm
Cost: FREE

Delray Beach Youth Council

"505" Teen Center, (561) 243-7158

Contact: Janet Meeks, (561) 243-7231

The Delray Beach Youth Council is a free service organization focusing primarily on the betterment of the Delray Beach Community. Participate in a wide variety of community service and

fundraising opportunities. Meet new people and earn community service hours! The Youth Council meets bi-weekly on Tuesdays during the school year.

Date: First Meeting Tues. Jan. 12
Ages: Grades 6th—12th
Days: Every other Tuesday
Times: 6:30pm
Cost: FREE

Teen Tribune (Teen-run newsletter)

"505" Teen Center, 243-7158

The "505" Teen Center will be having weekly meetings to work on a teen-run newsletter that will be published every month, containing information on upcoming events, interviews, news, and spotlights on teens and their talents. Participating teens will learn writing techniques, layout, and Microsoft Publisher. Teens will earn community service hours for their time and commitment.

Dates: Fridays
Location: "505" Teen Center
Times: 4:00pm
Cost: FREE

Building Bridges

Pompey Park, 243-7356

Participants enrolled in any program at Pompey Park will have their grades monitored by an academic advisor. Any participant that falls below the required grade point average in each class will be required to attend tutoring. This program will bridge the gap of athletic and academic success for each participant.

Ages: Elem., Middle and High School student
Days: Mon., - Thurs.
Time: 5 p.m. – 8 p.m.
Cost: Free

SAT/ACT Practice Testing

Pompey Park, 243-7356

Free college preparation SAT and ACT practice testing for students in 8th grade through 12th grade. This test is being administered to assist students with comprehension in order to achieve a better success rate on the actual SAT and ACT tests. Students will receive a score for each practice test and will be able to review sections in order to improve on their areas of difficulty.

Ages: 8th – 12th grade
Days: Saturday
Time: 8 a.m. – 12 noon
Cost: Free

Kindermusik

Veterans Park, (561) 243-7350

Contact: Carol Ann (561) 706-7209

Kindermusik offers a complete music program where both children and parents learn through music and movement. Kindermusik curricula are designed to be developmentally appropriate – each child is encouraged to learn at his or her own pace. Details on materials can be found on www.shakerattlenroll.com

Ages: girls and boys, Newborn – 4 years old
Days: Tuesdays
Time: please call for age appropriate class
Winter: Jan 5—Mar 16 (10 weeks; no class Mar 9)

Residents \$150 +materials
 Non-residents \$165 +materials
Spring: Mar 23—May 11, (8 weeks)
 Residents \$120 +materials;
 Non-residents \$135 +materials

Both Sessions: Residents \$255 +materials;
 Non-residents \$270 +materials
 By Dec 31. \$15.00 savings.

Mixing it Up

Mommy and Me Cooking and Art Class

Veterans Park, (561) 243-7350

Join us and spend the morning mixing paints and colors or mixing dough and dips. One week, they will make small masterpieces using a variety of mediums then the next they will jump into the kitchen to prepare healthy snacks. You'll be amazed at what your little one will bring home to hang on your wall or to place on your table!

Ages: 2—4 years
Dates: Nov. 18—Jan. 13, (9 weeks)
Days: Wednesdays
Times: 12:00pm-1:00pm
Cost: Residents \$95; Non-Residents \$110
 (includes materials)

Other Activities, Adult

GFWC – Women's Club of Delray Beach, Inc.

Teen Center, Contact: Lynne Wolff - (561)279-9011

The GFWC Women's Club of Delray Beach is dedicated to community improvement by enhancing the lives of others through volunteer service. Organized in 1902, the Delray Beach Women's Club has been instrumental in the growth of the Delray Beach Community. Our fundraising efforts for the 2009-2010 club year are focused on benefiting the Caring Kitchen, The Achievement Center for Children and Families and Scholarships at Atlantic High School. www.gfwc-delray.org

Meeting Dates: December 9, 2009

January 13, 2010

February 17, 2010

Times: 10:30am each meeting

Location: "505" Teen Center

Senior Bingo

Pompey Park, 243-7356

A game of chance in which randomly selected numbers are drawn and players match those numbers to those on a 5 x 5 card. This first person to have a card where the drawn numbers form a specific pattern is the winner and calls out "Bingo" to alert the others and inform the caller of that they are the winner. This is played for fun and prizes are given to winners.

Ages: Adult
Days: Monday and Wednesday
Time: 10 a.m. – 12 noon
Cost: Free

Mae Volen Senior Lunch Program

Pompey Park, 243-7356

Mae Volen Senior Center and City of Delray Beach Parks and Recreation Department have partnered to offer free hot lunch to seniors 60 years and older each day at Pompey Park. All you

CITY OF DELRAY
BEACH

Parks & Recreation
Department
50 NW 1st Ave.
Delray Beach, FL 33444

Phone: 561-243-7250
Fax: 561-243-7268

www.MyDelrayBeach.com



have to do is call 561.243.7155 to reserve your seat at the table.

Ages: 60 and older
Days: Monday – Friday (except for Holidays)
Time: 12 noon – 1 p.m.
Cost: Free

Food Stamp Assistance Program

Pompey Park, 243-7356

By appointment only 561.271.1566

The City of Delray Beach Parks and Recreation Department and the Caring Kitchen Program of C.R.O.S. Ministries have partnered to assist individuals with completing the application for Food Stamp via the internet. Volunteers take you through the steps by step to complete the application. The application is submitted directly via the internet and all pertinent information is faxed to the Department of Children and Families.

Computer Classes

Pompey Park, 243-7356

Pompey Park computer classes are held to advance computer training. Curriculums are geared for those new to the computer as well as those who wish to improve existing computer skills and to acquire skills for employment or specialized tasks. Computer training subject include: computer basics, internet and email, web design, QuickBooks,

eBay, Microsoft word, excel, access, PowerPoint, outlook, Photoshop, illustrator, web programming and more.

Ages: All
Days/Time: Mon–Thur, 9:30 – 11:30 a.m.
Mon & Wed 6:30 p.m. – 8:30 p.m.

Acrylics Art Class

Veterans Park, 243-7356

Try something new by joining an art class being offered at Veterans Park Recreation Center. Local Artist Nellie Blitzstein will be giving instruction in Acrylics.

Days: Thursdays
Time: 12:00 noon
Cost: \$55 Delray Residents; \$60 non-residents; plus supplies; for 6 classes

VITA Tax Preparations

Pompey Park, 243-7356

The United Way Volunteer Income Tax Assistance (VITA) Program is designed to help low-income taxpayers with the preparation of returns and to help them obtain eligible tax credits and deductions. Anyone who files a basic tax return can have taxes prepared.

Days/Time: Mon., Tues., and Sat., 9a.m. – 1 p.m.
Mon., and Wed., 5:30 p.m. – 8:30 p.m.
Cost: Free

Delray Beach Pro Bowl Kickoff Weekend!!

6 p.m.—10:00 p.m. , Thursday, January 28th at Old School Square

Come out and enjoy a weekend of events for the entire family to celebrate the Pro Bowl at Old School Square!!

- Meet and Greet Professional Football Players from many of your favorite teams!
- Photos and autograph opportunities
- Atlantic High School Marching Band, Delray Rocks Football Players and Cheerleaders
- Former NCAA National Football Champion Coach Howard Schnellenberger and FAU Owls players and cheerleaders
- Pinball Palooza Family Day: Pinball Meets Football (Saturday 2:30 – 5:30 p.m.)
- Interactive football games, football throw, punt, pass and kick, and much more

Pro Bowl Events run through Saturday, January 30th in Delray Beach

Visit www.downtowndelraybeach.com for schedule & more information

These events are being run in conjunction with the City of Delray Beach, Delray Beach Parks and Recreation Department, Downtown Marketing Co-operative, Palm Beach County Super Celebrations, Destination Delray Beach Task Force, Old School Square and the official Super Bowl Host Committee.